

# BEHAVIORAL HEALTH AND RECOVERY SERVICES

Director Tony Vartan, MSW, LCSW

## **Mental Health Services Act Advisory Committee Meeting**

Wednesday, April 24, 2024

# Agenda

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STRATEGIC INITIATIVES



FISCAL YEAR 2022-  
2023 ANNUAL UPDATE



FISCAL UPDATES



FISCAL YEAR 2024-  
2025 PEP



TABLE DISCUSSION  
AND FEEDBACK



COMMUNITY  
PROGRAM PLANNING  
UPDATE

# Welcome and Introductions

Name

MAC Member?

Who Do You Represent?

Something You Are Looking Forward  
to Doing This Summer?

# Strategic Initiatives

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# Ongoing Strategic Initiatives

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RECRUITMENT



CLINICAL TRAINING



PROGRAM AND  
STAFF DEVELOPMENT



WORKFORCE  
DEVELOPMENT



OUTPATIENT  
CAPACITY



RESIDENTIAL  
TREATMENT



CASELOADS



WAIT TIMES



HOUSING SUPPORT  
SERVICES



FUND BALANCE



AGING FACILITIES

# CalAIM and Other Regulatory Initiatives

Electronic Health Record

Interoperability

Enhanced Care Management

Community Supports

Justice Involved

Care Coordination

Payment Reform

Other Regulatory Initiatives

# Strategic Initiatives

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CARE and  
Collaborative  
Court

Peer Support  
Certification and  
Supportive  
Services

Eating Disorder  
Services

Mobile Crisis  
Response and 988

Children's Crisis  
Continuum

Prevention and  
Early Intervention  
Efforts

Substance Use  
Disorder Services  
Expansion

One Stop Shop for  
Supportive  
Services

# Annual Update

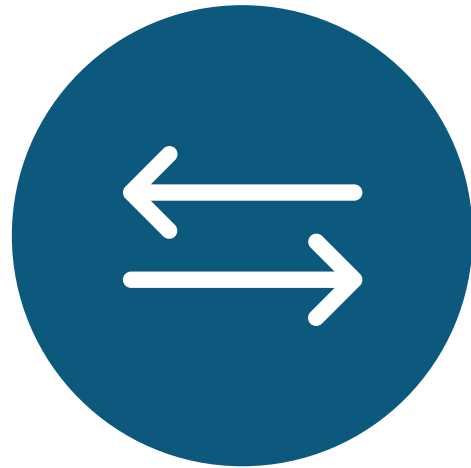
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FISCAL YEAR 2022-2023



# Annual Update Purpose

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PROGRAMMATIC CHANGES  
FOR FISCAL YEARS 2024-2025



REPORT ACTUAL RESULTS  
FROM FISCAL YEAR 2022-2023

Review and  
Public  
Comment

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Posted on MHSA website  
<https://www.stanislausmhsa.com/>

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Email notice sent to MAC and  
other stakeholders

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Comments are welcome and  
encouraged!

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Printed copies are available

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# Mental Health Services Act

**Address:**  
800 Scenic Drive  
Modesto, CA 95350  
[Get Directions](#)

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**Fax:** (209) 558-4326



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SEARCH DEPARTMENT...

[Stanislaus County](#) > [Behavioral Health and Recovery Services](#) > [Mental Health Services Act](#)

Welcome

[Annual and Plan Updates](#)



# Annual Update Timeline

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# Innovations Spotlight

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NAMI ON CAMPUS INNOVATION PROJECT

PRESENTED BY KYM BARBER, STANISLAUS COUNTY OFFICE OF EDUCATION

# Fiscal Updates

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# Economic Outlook



Record Low Unemployment Rate



Record 40-Year High Inflation



Federal Reserve Raised Federal Funds Rate



Economic Growth Projected to Continue



Nonfarm Job and Total Wage Growth Expected to Slow



Risk of Mild Recession

# Risk Factors and Mitigation Plans

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Supply Chain



Inflation



Stock Market  
Volatility



Lack of Affordable  
Housing

## Establish Strategic Reserves



+

## Focus on One-Time Spending



# Governor Newsome's Plan to Modernize Behavioral Health System

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\$6.38 BILLION BOND FOR UNLOCKED COMMUNITY BEHAVIORAL HEALTH RESIDENTIAL SETTINGS



AMEND MHSA TO SUPPORT HOUSING AND RESIDENTIAL SERVICES



EXPAND MHSA TO SERVE SUBSTANCE USE DISORDER (SUD)



REQUIRE COUNTIES TO BILL MEDI-CAL



REDUCE PRUDENT RESERVE AMOUNTS



FISCAL TRANSPARENCY

# Proposition 1 – Planning and Implementation Timeline

## March 2024

DHCS will engage CBHDA and CSAC no later than March 15, 2024, to evaluate statewide estimate related to BHSAs admin cost for inclusion in the Governor’s FY 2024–25 May Revision.

## March 2024 – July 1, 2026

DHCS will engage BHSOAC, CBHDA, counties and other stakeholders regarding transition planning; developing state metrics; FSP standards and levels of care; EBP/CDEPs, template for new annual report replacing ARER, etc. CBHDA will work with Legislature on clean-up bills and with the Administration on secondary guidance.

## July 1, 2025

Counties can start using BHSAs funds to pay for the new admin costs up to 2% of their annual BHSAs revenue received.

## By June 30, 2026

The county BOS **must** approve the first BHSAs Three-Year Integrated Plan for FYs 2026/27- 2028/29 and counties must submit approved document to both DHCS and the BHSOAC.

Note per WIC § 5963.04 (e)(3)(A)(i), DHCS “*may impose a corrective action plan, monetary sanctions, or temporarily withhold payments to the county or Medi-Cal behavioral health delivery system*” for late submissions.

## June 30, 2027

Submit first Annual Update under BHSAs. June 30<sup>th</sup> will be the ongoing date Annual Updates and Three-Year Plans will need to be approved by the local county BOS for submission to the

## Due to CBHDA Feb 2<sup>nd</sup>

Counties to provide estimates of administrative costs to CBHDA to inform proposed State’s Budget May Revision. Statewide estimates to be developed by CBHDA and CSAC for submission to DHCS as required by SB 326.

## March 5, 2024

Presidential Primary Election will be held, and voters will determine whether Prop 1 passes.

## January 1, 2025 – June 30, 2026

New BHSAs 18-month fiscal transition period begins. Counties to start implementing new CPP process; e.g., engage expanded stakeholders; participate in MCPs and Public Health community assessments; begin developing new Integrated Plan for **ALL funding sources**. WIC § 5963.03 related to stakeholders and local review process is operable January 1, 2025. Small rural counties may make requests for exemptions from 30% Housing allocation and FSP EBP but need to factor in a minimum of 30 days for DHCS to respond to request and impact on your local review process and schedule.

Counties will need to complete the local review process including stakeholder engagement, post Plan document for 30-day public comment, hold public hearing with local advisory board and get on BOS calendar in order to have the Plan approved on time.

## July 1, 2026

Transition to new funding categories and new Three-Year Integrated Plan FYs 2026/27-2028/29 is in place. Counties will need to track local metrics and state metrics (if identified by this time), all expenditures and outcomes for each program included in the Plan and report out data in the Annual Update and new annual *County Behavioral Health Outcomes, Accountability, and Transparency Report*.

## TBD 2028

# Projected Fund Balance on July 1, 2024

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Community  
Services and  
Supports \$3.1M

Prevention and  
Early Intervention  
\$5.4M

Innovations  
\$1.7M

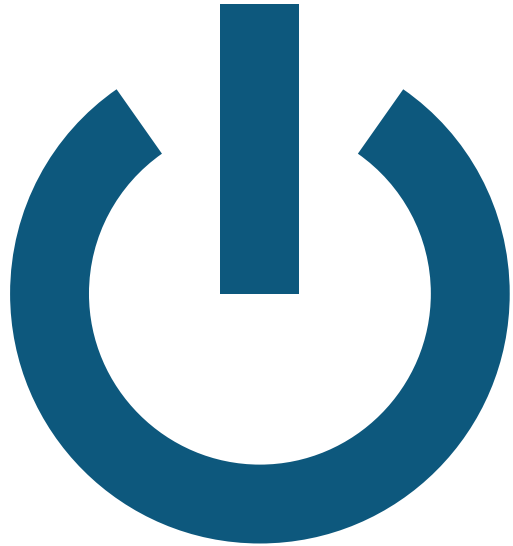
Workforce  
Education and  
Training \$470K

Capital Facilities  
and Technological  
Needs \$300K

Housing \$54K

Prudent Reserve  
\$500K

<b>Mental Health Services Act Revenue Estimates</b>	<b>Fiscal Year 2022-2023 Legal Budget</b>	<b>Fiscal Year 2023-2024 Proposed Budget</b>	<b>Increase/ (Decrease)</b>
Community Services and Supports	\$ 33,746,616	\$ 37,217,791	\$ 3,471,175
Prevention & Early Intervention	\$ 8,457,904	\$ 9,325,698	\$ 867,794
Innovation	\$ 2,252,870	\$ 2,481,236	\$ 228,366
Workforce Education and Training	\$ 1,000	\$ 1,400	\$ 400
Capital Facilities and Technological Needs	\$ 1,400	\$ 1,000	\$ (400)
Housing	\$ 10,000	\$ -	\$ (10,000)
<b>Total MHSA Revenue</b>	<b>\$ 44,469,790</b>	<b>\$ 49,027,125</b>	<b>\$ 4,557,335</b>



Break

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# Fiscal Year 2024-2025 Program and Expenditure Plan

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# Community Services and Supports

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# Recommended Changes

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1

Add Resources for CalAIM  
Strategic Initiative

2

Add Resources for Supportive  
Services Strategic Initiative



# CalAIM Strategic Initiative

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Adult Medication  
Clinic

Add 1 BHS \$135K

- Add one Behavioral Health Specialist I/II position to the Adult Medication Clinic.
- This position will ensure timely access to services and link individuals to Managed Care Plan services.

# Supportive Services Strategic Initiatives

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## Housing Support Services

Add 2 BHS  
\$265K

- Add two Behavioral Health Specialist I/II positions to Housing Support Services Team.
- 75 new units being added.

# Children's Assembly Bill (AB 1051) Initiative

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Short Term  
Residential  
Therapeutic  
Program

Add 1 BHS \$135K

- Add one Behavioral Health Specialist I/II position to address requirements under AB 1051 and AB 551.

# Prevention and Early Intervention

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NO SERVICE LEVEL ADJUSTMENTS ARE BEING RECOMMENDED

# Innovations

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NO SERVICE LEVEL ADJUSTMENTS ARE BEING RECOMMENDED

# Workforce Education and Training

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NO SERVICE LEVEL ADJUSTMENTS ARE BEING RECOMMENDED

# Capital Facilities and Technological Needs

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# Capital Facilities

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One Stop Shop  
for Supportive  
Services

\$1.5M

- Carry forward the MHSA Capital Facilities project named One Stop Shop for Supportive Services, in the amount of \$1.5 million in Fiscal Year 2024-2025. The construction timeline and cost for site improvements initially planned for Fiscal Year 2023-2024 were not fully expended in Fiscal Year 2023-2024.



# Housing

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NO SERVICE LEVEL ADJUSTMENTS ARE BEING RECOMMENDED

# Table Discussion and Feedback

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# Discussion Questions

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WHAT DID YOU HEAR?



WHAT DID YOU LIKE?



OTHER REACTIONS OR  
COMMENTS?

# Update on Community Planning Process

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# Strengthening the Community System of Care

Transform the mental health system: Systems development | “help first vs. “fail first”

## Givens:

- Treatment
- Population
- # Clients
- # Providers/Teams
- Program Performance Measures

Improve Access?

Priority Populations?

Where?

When?

Strengthen treatment capabilities?  
What worked/Didn't work in treatment?

Mental Health Treatment RBA Framework (DRAFT)									
Population	Adults with Severe Mental Illness with functional impairment Children with Severe Emotional Disturbance with functional impairment								
Performance Measure "Better Off"	Increase functioning / Decreased impairment As measured by the LOCUS/CANS/DCR/Perception Surveys								
Core Treatment Model Strategies to Increase Functioning & Decrease Impairment	<table border="1"> <thead> <tr> <th>Treatment Services</th> <th>Providers</th> </tr> </thead> <tbody> <tr> <td> <b>Medication Services</b> Medication prescription, administration, and monitoring.                             </td> <td>                                 Psychiatrist Registered Nurse Other prescribers                             </td> </tr> <tr> <td> <b>Clinical Services</b> <ul style="list-style-type: none"> <li>• Assessment*</li> <li>• Crisis Prevention/Intervention</li> <li>• 1:1 &amp; Group Supportive Therapy</li> <li>• Psychosocial Rehabilitation</li> <li>• Care &amp; Services Coordination</li> </ul> </td> <td>                                 Mental Health Clinicians* Behavioral Health Specialist Clinical Service Technicians                             </td> </tr> <tr> <td> <b>Family, Peer and Community Support</b> </td> <td>                                 Behavioral Health Specialist Behavioral Health Advocate Clinical Service Technician Community Clerical Aid Community Partners                             </td> </tr> </tbody> </table>	Treatment Services	Providers	<b>Medication Services</b> Medication prescription, administration, and monitoring.	Psychiatrist Registered Nurse Other prescribers	<b>Clinical Services</b> <ul style="list-style-type: none"> <li>• Assessment*</li> <li>• Crisis Prevention/Intervention</li> <li>• 1:1 &amp; Group Supportive Therapy</li> <li>• Psychosocial Rehabilitation</li> <li>• Care &amp; Services Coordination</li> </ul>	Mental Health Clinicians* Behavioral Health Specialist Clinical Service Technicians	<b>Family, Peer and Community Support</b>	Behavioral Health Specialist Behavioral Health Advocate Clinical Service Technician Community Clerical Aid Community Partners
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Performance Measures "How well we provide services"	Client & Provider Engagement / Access to Services / Medi-Cal Key Indicators / Provider Clinical Skill / Appropriate Level of Care Placement & Interventions								

Partners that  
have a role in  
the treatment  
of SMI/SED?

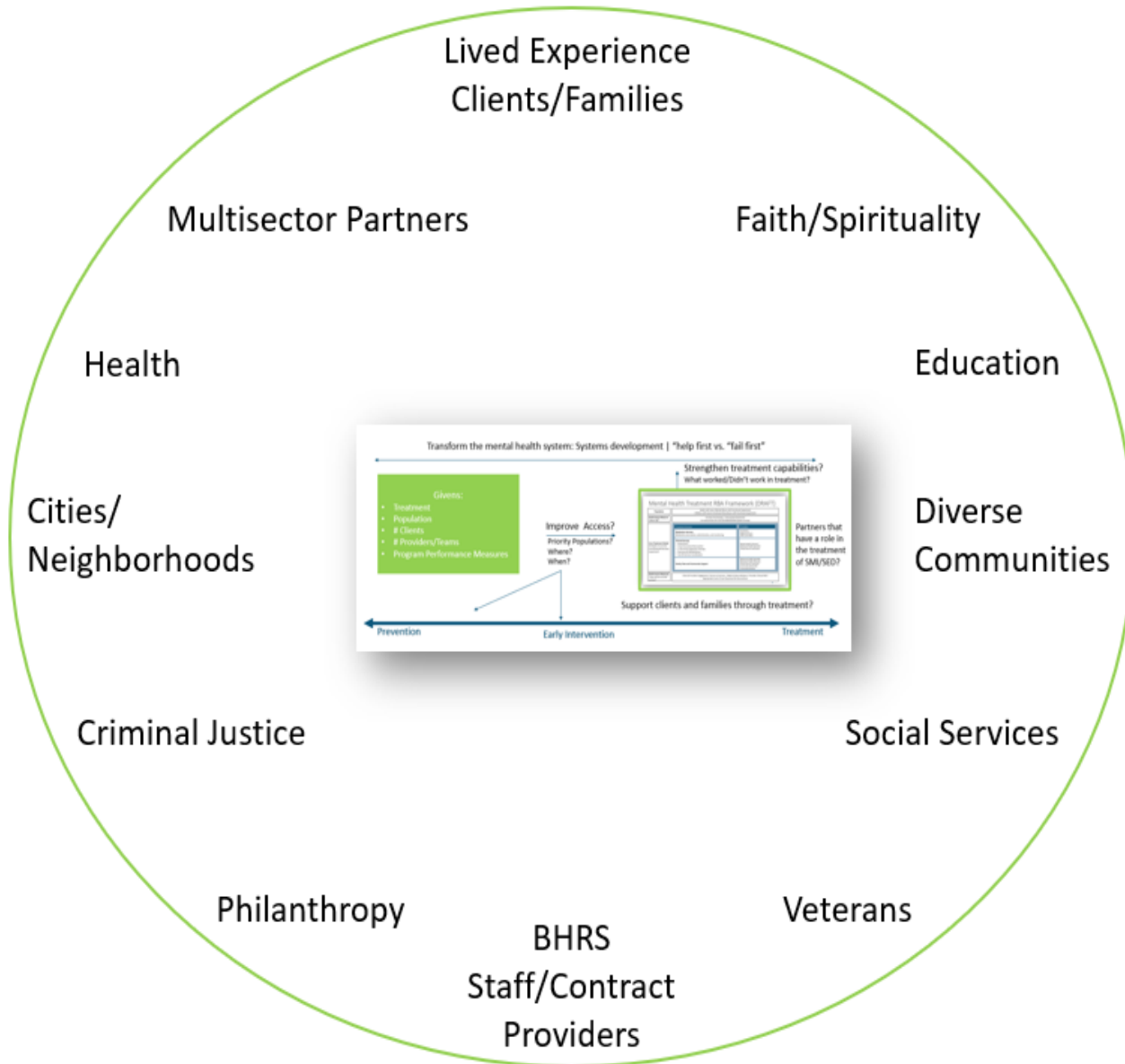
Support clients and families through treatment?

Prevention

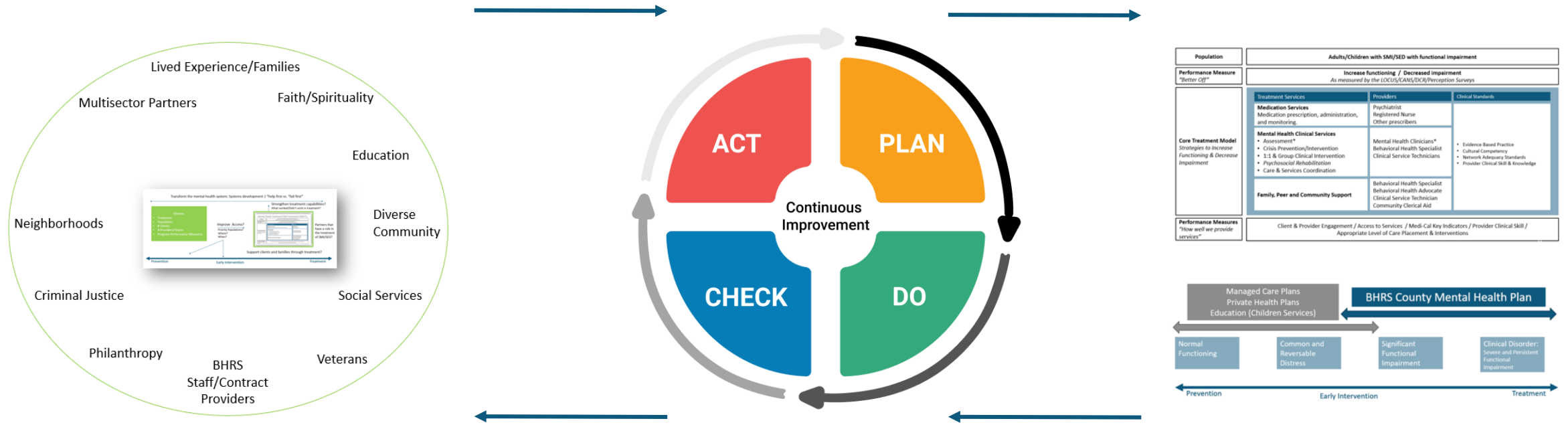
Early Intervention

Treatment

# Strengthening Community System of Care



# Strengthening Community System of Care



Population	Adults/Children with SMI/SED with functional impairment		
Performance Measure "Better Off"	Increase functioning / Decreased impairment As measured by the LOCUS/CANS/DCR/Perception Surveys		
Core Treatment Model Strategies to Increase Functioning & Decrease Impairment	Treatment Services	Providers	Clinical Standards
	<b>Medication Services</b> Medication prescription, administration, and monitoring  <b>Mental Health Clinical Services</b> • Assessment* • Crisis Prevention/Intervention • 1:1 & Group Clinical Intervention • Psychosocial Rehabilitation • Care & Services Coordination	Psychiatrist Registered Nurse Other prescribers  Mental Health Clinicians* Behavioral Health Specialist Clinical Service Technicians	• Evidence Based Practice • Cultural Competency • Network Adequacy Standards • Provider Clinical Skill & Knowledge
	Family, Peer and Community Support	Behavioral Health Specialist Behavioral Health Advocate Clinical Service Technician Community Clinical Aid	
Performance Measures "How well we provide services"	Client & Provider Engagement / Access to Services / Medi-Cal Key Indicators / Provider Clinical Skill / Appropriate Level of Care Placement & Interventions		

An ongoing process of learning and adapting system-wide  
 Strategic Plan | MHSA Plan | Budgets | Continuum of Care Development



# BEHAVIORAL HEALTH AND RECOVERY SERVICES

Director Tony Vartan, MSW, LCSW

**Thank you!**



# MHSA Contacts

## MHSA POLICY AND PLANNING TEAM

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