



July 28, 2016

Mental Health Services Oversight and Accountability Commission (MHSOAC)
1325 J. Street, Suite 1700
Sacramento, CA 95814

RE: MHSA PLAN UPDATE FOR FISCAL YEAR 2016-2017

Dear Colleagues:

Attached please find our Mental Health Services Act (MHSA) Plan Update FY 2016-2017 for Stanislaus County.

Per statute, we are required to submit Annual Updates and Plans Updates to the MHSOAC. We would appreciate an acknowledgement that you have received this document.

This Plan Update includes allocating additional funds for the Central Valley Suicide Prevention Hotline (CVSPH), a Prevention and Early Intervention (PEI) project. The request for extra funds is due to a significantly greater call volume from Stanislaus County over last year. The CVSPH funding request came after the planning and review for the MHSA Annual Update was concluded so it was not included in the Annual Update.

The allocation increase was approved by the Stanislaus County Representative Stakeholder Committee and unanimously adopted by the Stanislaus County Board of Supervisors on July 26, 2016. This is the first Plan Update approved by the Board.

It was posted for a 30-day public review and comment period from June 7, 2016 – July 6, 2016. An informational meeting to learning more about the plan was held June 7, 2016 at the Behavioral Health and Recovery Services (BHRS) campus at 800 Scenic Drive in Modesto.

This document incorporates MHSA values, BHRS' Mission and Vision, and valuable input from our community stakeholders.

If you have any questions regarding the Plan Update, please do not hesitate to contact me or Dan Rosas, MHSA Planning Coordinator, at (209) 525-6225.

Sincerely,

Madelyn Schlaepfer, Ph.D
Behavioral Health Director

cc: Dan Rosas

Enclosure



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THE BOARD OF SUPERVISORS OF THE COUNTY OF STANISLAUS
BOARD ACTION SUMMARY

DEPT: Behavioral Health And Recovery Services BOARD AGENDA #: *B-8

AGENDA DATE: July 26, 2016

SUBJECT:

Approval to Adopt the Fiscal Year 2016-2017 Mental Health Services Act Plan Update for a Suicide Prevention Hotline and Authorize the Behavioral Health Director to Submit the Plan Update to the Mental Health Services Oversight and Accountability Commission

BOARD ACTION AS FOLLOWS:

No. 2016-385

On motion of Supervisor O'Brien, Seconded by Supervisor Withrow
and approved by the following vote,

Ayes: Supervisors: O'Brien, Withrow, DeMartini, and Chairman Monteith

Noes: Supervisors: None

Excused or Absent: Supervisors: Chiesa

Abstaining: Supervisor: None

1) Approved as recommended


2) Denied

3) Approved as amended

4) Other:

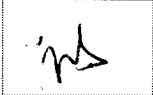

MOTION:

ATTEST:


ELIZABETH A. KING, Clerk of the Board of Supervisors

File No.

**THE BOARD OF SUPERVISORS OF THE COUNTY OF STANISLAUS
AGENDA ITEM**

DEPT: Behavioral Health And Recovery Services BOARD AGENDA #: *B-8
Urgent Routine  AGENDA DATE: July 26, 2016
CEO CONCURRENCE:  4/5 Vote Required: Yes No

SUBJECT:

Approval to Adopt the Fiscal Year 2016-2017 Mental Health Services Act Plan Update for a Suicide Prevention Hotline and Authorize the Behavioral Health Director to Submit the Plan Update to the Mental Health Services Oversight and Accountability Commission

STAFF RECOMMENDATIONS:

1. Adopt the Fiscal Year 2016-2017 Mental Health Services Act (MHSA) Plan Update of July 2016 for a Suicide Prevention Hotline.
2. Authorize the Behavioral Health Director to sign and submit the Fiscal Year 2016-2017 MHSA Plan Update of July 2016 to the Mental Health Services Oversight and Accountability Commission (MHSOAC).

DISCUSSION:

The Mental Health Services Act (MHSA) was passed by California voters in November 2004. The Act contained the following five components that have been implemented in stages in Stanislaus County since January 2006:

- Community Services and Supports (CSS)
- Prevention and Early Intervention (PEI)
- Workforce Education and Training (WET)
- Capital Facilities and Technological Needs (CF/TN)
- Innovation (INN)

Currently, PEI funding is used for prevention efforts, which includes a contribution to fund a suicide prevention hotline for Stanislaus County. The County funds a portion of the costs of the Central Valley Suicide Prevention Hotline (CVSPH) along with six other counties in the region. These counties are Merced, Fresno, Tulare, Kings, Madera, and Mariposa. CVSPH operates on a 24/7 basis and is accredited by the American Association of Suicidology. Calls to the National Suicide Prevention Lifeline are transferred to CVSPH once the caller is identified as calling from Stanislaus County. CVSPH also provides outreach and technical assistance to participating counties as well as data regarding the calls from our County.

The amount that each county pays is based on the utilization of the CVSPH. The total cost for the CVSPH is \$613,520, which includes a 15% administration fee for California Mental Health Services Authority (CalMHSA). CalMHSA is a Joint Powers Authority operating on behalf of counties. This JPA provides oversight of CVSPH and administers the funding for the hotline. In

Approval to Adopt the Fiscal Year 2016-2017 Mental Health Services Act Plan Update for a Suicide Prevention Hotline and Authorize the Behavioral Health Director to Submit the Plan Update to the Mental Health Services Oversight and Accountability Commission

Stanislaus County, in Fiscal Year 2015-2016, our cost was \$5,864 based on the fact that Stanislaus County utilization accounted for 1% of the calls in Calendar Year 2014. In Calendar Year 2015, the volume of calls increased to approximately 9% of the regional call volume. Total call volume for the seven counties was 14,894 of which Stanislaus accounted for 1,317 or 8.8%. Fresno County accounts for 61% of the calls. CVSPH was able to either actively rescue callers or was able to talk them out of suicide and provide them with local resources. Consequently, our share of the cost is proposed to increase from \$5,864 to \$54,235. This is an increase of \$48,371 for the current fiscal year. The current amount of \$5,864 is part of the Proposed Budget for Fiscal Year 2016–2017. The cost may increase next fiscal year based on the call volume of 897 in Stanislaus County for the first six months of this calendar year. This represents a 31% increase in volume between the third and fourth quarters of Fiscal Year 2015- 2016.

On June 3, 2016, a Representative Stakeholder Steering Committee (RSSC) convened to learn about this additional funding recommendation for Prevention and Early Intervention. Since Behavioral Health and Recovery Services (BHRS) did not receive notification of the increased cost of CVSPH until the planning for the MHSA Annual Update for Fiscal Year 2016-2017 had been completed, a new stakeholder meeting was required. As with the discussion about the Suicide Prevention and Intervention Innovation Project in an earlier RSSC meeting, the discussion was very lively and productive. During the meeting, it was also stressed that the hotline would provide beneficial data collection for the Suicide Prevention Innovation project, which was approved by the Board of Supervisors on March 15, 2016, and the Mental Health Services Oversight and Accountability Commission on April 28, 2016. The CVSPH has already indicated interest in participating in this learning project.

All RSSC members present agreed with the funding proposal recommendation. Ninety six percent (96%) voted to fully endorse the estimated increase in funding amount of \$48,371 for the Central Valley Suicide Prevention Hotline. Four percent (4%) voted to endorse with a minor point of contention, citing a concern about CVSPH providing more in-depth data specific to Stanislaus County. In response to the concern, BHRS Leadership will work with CVSPH to explore how additional outcome measures can be developed.

In view of the above referenced Suicide Innovation project, it is critical to the success of that project to have a well-functioning suicide prevention hotline. It is expected that strategies developed as part of this innovation project focused on impacting the county suicide rates will include how the hotline responds to callers. Since the CVSPH already collects data on a number of factors, including but not limited to age, ethnicity, veteran status, and homelessness, strategic means of intervening with callers will be possible.

POLICY ISSUE:

Stanislaus County's age-adjusted death rate for suicide for the comparison period of 2009-2011 was 11.4, which was considerably higher than the overall rate for both California and the National Objective of 10.2, according to statewide statistics from the California Department of Public Health. Recent information produced in 2016 from the California Public Health Department indicates that the rate of suicide in Stanislaus County has dropped 4.9% based on 2012–2014 data. This translates into an age-adjusted death rate for suicide of 10.8. However,

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this rate is still higher than the statewide and national objectives of 10.2. While this is good news, it is still imperative that other strategies be considered to further decrease the number of suicides and the age-adjusted suicide rates in our County. Funding proportional to the usage in Stanislaus County for the CVSPH is an essential component of the strategies developed to positively impact the health and well-being of Stanislaus County residents. The Board of Supervisors' Health Executive Committee reviewed on July 12, 2016.

FISCAL IMPACT:

The suicide prevention hotline services described are funded through the Mental Health Services Act. The Behavioral Health and Recovery Services Fiscal Year 2016-2017 Adopted Proposed Budget included \$5,864 in appropriations and estimated revenue for the provision of the services by Central Valley Suicide Prevention Hotline (CVSPH). Sufficient appropriations and estimated revenue are available in the Adopted Proposed Budget to absorb the difference of \$48,371. There is no impact to the County General Fund.

| | |
|--|-----------|
| Cost of recommended action: | \$ 48,371 |
| Source(s) of Funding: | |
| Mental Health Services Act | 48,371 |
| Funding Total: | \$ 48,371 |
| Net Cost to County General Fund | \$ - |

| | |
|---|-----------|
| Fiscal Year: | 2016-2017 |
| Budget Adjustment/Appropriations needed: | No |

Fund Balance as of May 31, 2016
 MHSA Prop 63 (Fund 1507) -

BOARD OF SUPERVISORS' PRIORITY:

Approval of this agenda item supports the Board of Supervisors' priorities of A Healthy Community, Effective Partnerships and Efficient Delivery of Public Services by collaborating with a suicide prevention hotline to develop a targeted approach to suicide prevention.

STAFFING IMPACT:

Existing staff from Behavioral Health and Recovery Services is available to support this plan. There are no additional staffing requests associated with this agenda item.

CONTACT PERSON:

Madelyn Schlaepfer, Ph.D. Behavioral Health Director Telephone 525-6205

ATTACHMENT(S):

1. Mental Health Services Act Plan Update of July 2016.

Attachment 1



**Stanislaus County
Behavioral Health and Recovery Services**

Mental Health Services Act
Plan Update FY 2016-17

Prevention and Early Intervention (PEI)

July 2016



WELLNESS • RECOVERY • RESILIENCE

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COUNTY COMPLIANCE CERTIFICATION

County: Stanislaus

| County Mental Health Director | Project Lead |
|---|---|
| Name: Madelyn Schlaepfer, Ph.D. Telephone Number: 209-525-6225 E-mail: mschlaepfer@stanbhhs.org | Name: Dan Rosas Telephone Number: 209-525-5324 E-mail: drosas@stanbhhs.org |
| Mailing Address: Stanislaus County Behavioral Health and Recovery Services 800 Scenic Drive Modesto, CA 95350 | |

I hereby certify that I am the official responsible for the administration of county mental health services in and for said county and that the county has complied with all pertinent regulations, laws and statutes for this annual update/plan update. Mental Health Services Act funds are and will be used in compliance with Welfare and Institutions Code section 5891 and Title 9 of the California Code of Regulations section 3410, Non-Supplant.

This Plan Update has been developed with the participation of stakeholders, in accordance with Title 9 of the California Code of Regulations section 3300, Community Planning Process. The draft FY 2016-17 Plan Update was circulated to representatives of stakeholder interests and any interested party for 30 days for public review and comment. All input has been considered with adjustments made, as appropriate.

A.B. 100 (Committee on Budget – 2011) significantly amended the Mental Health Services Act to streamline the approval processes of programs developed. Among other changes, A.B. 100 deleted the requirement that the three year plan and updates be approved by the Department of Mental Health after review and comment by the Mental Health Services Oversight and Accountability Commission. In light of this change, the goal of this update is to provide stakeholders with meaningful information about the status of local programs and expenditures.

A.B. 1467 (Committee on Budget – 2012) significantly amended the Mental Health Services Act which requires three-year plans and Annual Updates to be adopted by the County Board of Supervisors; requires the Board of Supervisors to authorize the Behavioral Health Director to submit the annual Plan Update to the Mental Health Services Oversight and Accountability Commission (MHSOAC); and requires the Board of Supervisors to authorize the Auditor-Controller to certify that the county has complied with any fiscal accountability requirements and that all expenditures are consistent with the requirements of the Mental Health Services Act.

The information provided for each work plan is true and correct.

All documents in the attached Plan Update FY 2016-17 are true and correct.

Madelyn Schlaepfer, Ph.D.
Mental Health Director/Designee (PRINT)

Madelyn Schlaepfer 7-28-2016
Signature Date

Message from the Director



Behavioral Health and Recovery Services (BHRS) is pleased to share this Mental Health Services Act (MHSA) Plan Update as we continue our mission to transform mental health services in Stanislaus County. This document serves as a follow up to the Annual Update FY 2016-17 that is scheduled to the Stanislaus County Board of Supervisors on July 19, 2016. Upon its adoption, it will be forwarded to the Mental Health Services Oversight & Accountability Commission within thirty days.

This Update includes a proposal approved by the Stanislaus County Representative Stakeholder Steering Committee to fund the Central Valley Suicide Prevention Hotline under the Prevention and Early Intervention component of MHSA.

With vital input from community stakeholders and an emphasis on client driven and family focused services, this MHSA Plan Update is a second blueprint of our recovery driven work to help transform the lives of those living with mental illness in Stanislaus County.

Sincerely,

A handwritten signature in black ink, reading "Madelyn Schlaepfer, PhD", is located below the word "Sincerely,".

Madelyn Schlaepfer, PhD

COMMUNITY PLANNING AND LOCAL REVIEW PROCESS

Who Participated?

Stanislaus County Behavioral Health and Recovery Services (BHRS) conducted community program planning and local review processes for this Plan Update. As in the past, BHRS continues to engage stakeholder input for the purpose of creating transparency, facilitating an understanding of progress and accomplishments, and promoting a dialogue about present and future opportunities.

While all community members are welcome to participate in MHSa planning processes, there is a Representative Stakeholder Steering Committee (RSSC) charged with providing important input about funding priorities. BHRS was very pleased to have a significant number of consumers, both youth and adult, attend the meetings this year.

Developing a Plan Update

Preparations to develop a Plan Update began following the end of the 30-day review and public comment period for the MHSa Annual Update Fiscal Year 2016-2017. The request to allocate additional funds for the Central Valley Suicide Prevention Hotline (CVSPH) due to significantly greater call volume from our County over last year. The request for more funding for CVSPH, which is part of Prevention and Early Intervention (PEI), came after the planning and review for the MHSa Annual Update was concluded so it was not included in the Annual Update.

A special meeting was convened on June 3, 2016 for stakeholders to consider a request from Behavioral Health and Recovery Services (BHRS) to make a program funding change to help support the County's Suicide Prevention Innovation project.

The planning process for this Plan Update was discussed at BHRS Senior Leadership Team meetings but the ultimate endorsement of the proposed plan resided with the RSSC. During the June 3 meeting, stakeholders were presented with the proposal to augment funding for CVSPH and a Gradients of Agreement¹ approach was used to determine whether or not there was sufficient agreement for them to move forward and approve the program change.

Stakeholders present for the meeting endorsed the Prevention and Early Intervention plan. Details of the plan are listed in the PEI section of this Plan Update.

Community Stakeholders and Activities

The MHSa Representative Stakeholder Steering Committee (RSSC) was vital to this community planning process. The committee is comprised of all required local and diverse stakeholders from various sectors and communities in Stanislaus County. BHRS community partners and consumers also play important roles on the committee.

The committee sectors/communities are as follows:

- Diverse Communities
- Education
- Health Care
- Social Services
- Senior Services
- Consumer Partners
- Family Member Partners
- Health Care: Public/Private
- Stanislaus County Regional Areas
- Stanislaus County Chief Executive Office
- Contract Providers of Public Mental Health Services
- Stanislaus County Courts
- Housing: Public/Private
- Veterans

¹ Community at Work developed the initial version of the Gradients of Agreement. Luminescence Consulting has refined this tool and BHRS uses it to facilitate deliberative processes.

- Law Enforcement
- Probation Department
- Public Mental Health Labor Organization
- Behavioral Health and Recovery Services (BHRS)

Mental Health Board members attend the meetings as well but not as voting members.

The following meeting was held as part of the community stakeholder process for this Plan Update:

June 3, 2016 - The RSSC convened to learn about a funding recommendation for Prevention and Early Intervention (PEI). The Central Valley Suicide Prevention Hotline (CVSPH) serves Stanislaus, Merced, Fresno, Tulare, Kings, Madera, and Mariposa counties. It's funded by California Central Valley Counties with Proposition 63 funds, one of several initiatives implemented by California Mental Health Services Authority, an organization of California counties working to improve mental health outcomes for individuals, families, and communities. CalMHSA administers the funds for the CVSPH.

The hotline number is 1-888-506-5991 and calls have been many. This year, the call volume for Stanislaus County has increased making it the second largest call user behind Fresno County. Stakeholders were provided copies of CVSPH call volume data reports for March 2016 and the 3rd Quarter of 2015-16.

BHRS Leadership shared with stakeholders that the hotline is very important for the community and calls have increased from 1% to 9% from calendar year 2014 to 2015. Stanislaus County BHRS had provided CalMHSA \$5,864 for its share of the project. Because of the call increase, stakeholders were asked to approve an additional estimated funding amount of \$48,371 from PEI funds. During the meeting, it was also stressed that the hotline would prove beneficial to data collection for a Suicide Prevention Innovation project approved by the Mental Health Services Oversight and Accountability Commission on April 28, 2016. The CVSPH has indicated interest in participating in the learning project and proposed strategies developed by the Innovation project would most likely be used by the CVSPH.

Funding for this project comes from PEI funding in the amount of \$90,000 that had been approved by stakeholders for the CalMHSA PEI Statewide Initiative on February 27, 2015 and the Board of Supervisors on June 2, 2015. Stakeholders were shown a power point presentation detailing the county's history of contributions to CalMHSA. Later requests to augment this funding did not occur due to concerns from the Stanislaus County Board of Supervisors that statewide prevention efforts were not producing desired effects and, perhaps, local suicide prevention efforts could be more effective. This led to the Suicide Prevention/Intervention Innovation project. The \$90,000 remained in the budget and is unallocated with the exception of the \$5864 for the CVSPH.

Stakeholders asked questions about the local and national suicide prevention hotlines and how they operate. It was explained that calls to the national hotline are routed to local hotlines such as CVSPH where talk downs and active rescues are implemented when necessary and community resources are provided to callers asking for help.

Stakeholders were provided with copies of CVSPH data which included data on call volume by county location, caller concerns, and caller demographics. During the meeting, it was suggested that CVSPH present information about its work to community representatives of the county PEI work group during one of their meetings.

The recommendation was as follows:

Prevention and Early Intervention (PEI) – Approve an Increase in Funding for Central Valley Suicide Prevention Hotline via CalMHSA of \$48,371 for Fiscal Year 2016 – 2017.

A Gradients of Agreement exercise was used to determine whether or not there was sufficient consensus among voting stakeholders to move forward with the proposal. Stakeholders were asked to cast votes for the proposal individually and reach agreement using the Gradients of Agreement framework shown on the next page.

Gradients of Agreement

| | | | | | | | |
|-----------|--|-------------------------|-------------------|--|---|---|---------------------------------------|
| | | | | | | | |
| Endorse | Endorse with minor point of contention | Agree with reservations | Abstain | Stand aside | Disagree but will support the majority | Disagree and want out from implementation | Can't go forward |
| I like it | Basically I like it | I can live with it | I have no opinion | I don't like this, but I won't hold up the group | I want my disagreement recorded, but I'll support the decision. | I won't stop anyone else, but I don't want to make this happen. | We have to continue the conversation. |

All RSSC members present agreed with the funding proposal recommendation.

Ninety six percent (96%) voted to endorse the augmented funding amount of \$48,371 for the Central Valley Suicide Prevention Hotline via CalMHSAs and apply remaining funding for future PEI projects.

Four percent (4%) voted to endorse with a minor point of contention citing a concern about CVSPH providing more in-depth data specific to Stanislaus County. In response to the concern, BHRS Leadership will work with CVSPH to find out if additional outcome measures can be developed.

Local Review Process

This Plan Update was posted for 30-day public review and comment on June 7, 2016 - July 6, 2016. The public review notification and access to copies of the Plan Update were made available through the following methods:

- ✓ An electronic copy was posted on the County's MHSAs website: www.stanislausmhsa.com
- ✓ Hard copies were posted on BHRS building public bulletin boards
- ✓ Paper copies were sent to Stanislaus County Public Library resource desks at thirteen branches throughout the county
- ✓ Electronic notification was sent to all BHRS service sites with a link to www.stanislausmhsa.com, announcing the posting of this report
- ✓ The Representative Stakeholder Steering Committee, Mental Health Board members, Advisory Board for Substance Abuse Programs as well as other stakeholders were sent the notice informing them of the start of the 30-day public review, and how to obtain a copy of the Plan Update
- ✓ Public notices were posted in nine newspapers throughout Stanislaus County including a newspaper serving the Spanish speaking community. The notice included a link to the plan online at www.stanislausmhsa.com and a phone number to request a hard copy of the document.

An informational outreach meeting for the public to learn more about the Plan Update was held June 7, 2016 from 1:30 pm to 2:30 pm in the Redwood Room at the BHRS campus located at 800 Scenic Drive in Modesto.

Substantive Comments and Response:

There were no substantive comments received during the 30-day public review and comment period.



Prevention and Early Intervention Overview

PEI programs are transformational in the way they influence restructuring of the mental health system to embrace a “help first” paradigm in partnership with the community. The aim is to promote prevention and early intervention. It’s the second largest component and accounts for twenty percent of Stanislaus County’s MHSA funding.

The programs are created to prevent mental illness from becoming severe and disabling by recognizing the early signs and improving access to services and programs. With the help of diverse groups and neighborhood-based organizations, residents learn how to support each other. This strengthens the capacity of communities to increase protective factors and reduce the stigma and discrimination of mental illness.

Stanislaus County has 8 PEI projects that include 18 programs. Many have more than one contracted agency to implement the program in communities across Stanislaus County. Each program has a unique approach that incorporates community-based interactions with service recipients that strive to include MHSA values of cultural competency, community collaboration, wellness, recovery/resiliency, client/family driven services, and an integrated service experience.

The Prevention and Early Intervention component plays an important role in reaching the desired MHSA long-term results of wellness, recovery, and resilience for identified populations.

Proposal to Approve an Increase in the Funding for Central Valley Suicide Prevention Hotline via CalMHSA of \$48,371 for Fiscal Year 2016-2017

Background:

Behavioral Health and Recovery Services has been contributing \$5,863 for the Central Valley Suicide Prevention Hotline (CVSPH) as part of the PEI funding. Since an augmentation to the CalMHSA contribution for State-wide PEI was not approved by the Board of Supervisors in September 2015 due to concerns about local suicide prevention efforts not being as effective as hoped, the contribution of \$90,000 for State-wide PEI, which was approved by the Board of Supervisors on June 2, 2015 for Fiscal Year 2015 -2016, was unused for Fiscal Year 2016 -2017 with the exception of the CVSPH contribution.

During the June 3, 2016 meeting, stakeholders were asked to endorse additional funding for CVSPH in the amount of \$48,371 to help pay for the increase in call volume for Stanislaus County, the second largest call user behind Fresno County.

MHSA Stakeholder Approval Process

As reported in the Community Planning and Local Review Process section of this Plan Update, 96% of stakeholders endorsed the funding proposal and 4% endorsed it with a minor point of contention.



For more information about BHRS/MHSA funded programs, please visit our website at <http://www.stanislausmhsa.com/>