



# MHSA Idea Bank for February 26, 2016

Children/Youth (Ages 0-5/6-17)			
	Ideas	Current or Related Program (Y/N)	Expansion or New Program
Prevention & Early Intervention	<p><b>Idea #1 - MoPride:</b>  <b>Sub-Population:</b> LGBTQ  <b>Results:</b> Support and education in community; Social Inclusion,  <b>Strategy:</b> Outreach &amp; Engagement; community support, peer counseling, peer support  <b>Activities:</b> Resources for LGBTQ community (medical care, mental health services, transgender care for children), parent support for helping LGBTQ children, promote feelings of belonging with peer support groups, community events, anti-bullying in schools, sensitivity training for educational institutions and students, connectivity hub for Gay Straight Alliance groups at local schools, coming-out process, LGBTQ rights in school (dress code, transgender bathroom, locker rooms), suicide prevention awareness, California Healthy Kids, Safe Schools campaign, Seth's Law.</p>	<p><input checked="" type="checkbox"/> Yes    <input type="checkbox"/> No</p> <p>*CSS - Josie's Place            *PEI Outreach</p>	<p><input checked="" type="checkbox"/> Possible Expansion- O&amp;E</p> <p><input checked="" type="checkbox"/> Possible New Program</p>



# MHSA Idea Bank for February 26, 2016

Adults (Ages 18 - 59)			
	Ideas	Current or Related Program (Y/N)	Expansion or New Program
Prevention & Early Intervention	<p><b>Idea #1 - MoPride</b>  <b>Sub-Population:</b> LGBTQ  <b>Results:</b> Social inclusion; Support and education in community  <b>Strategy:</b> Outreach &amp; Engagement, community support, peer counseling, peer support  <b>Activities:</b> Resources for LGBTQ community (gay, lesbian, transgender, bisexual, queer, etc....), resources for medical care and for mental health treatment, promote feelings of belonging with peer support groups, inclusive community events, sensitivity training for Non-LGBTQ community, reducing stigma, reducing Homophobia/Transphobia. Family support for blended families, coming-out process, LGBTQ equality rights, Suicide prevention information and Transgender rights</p>	<p><input checked="" type="checkbox"/> Yes    <input type="checkbox"/> No</p> <p>*CSS - Josie's Place            *PEI Outreach</p>	<p><input checked="" type="checkbox"/> Possible Expansion – O&amp;E</p> <p><input checked="" type="checkbox"/> Possible New Program</p>
Innovation	<p><b>Idea #1 - Homeless Initiative</b>  <b>Sub-Population:</b> Homeless  <b>Primary Purpose:</b> Promote interagency and community collaboration related to mental health services, supports, or outcomes  <b>Contribution to Learning:</b> Make a change to an existing mental health practice/approach, including an adaptation for a new setting or community  <b>Results:</b> Increased access to mental health services to underserved groups-Homelessness, at-risk for homelessness, ethnic and cultural populations, families with children  <b>Activities:</b> Hire Homelessness Manager (CEO's office) to coordinate countywide Focus on Prevention community efforts to address homelessness /Staffing – Fund up to 50% of salary</p>	<p><input type="checkbox"/> Yes    <input checked="" type="checkbox"/> No</p>	<p><input type="checkbox"/> Possible Expansion</p> <p><input checked="" type="checkbox"/> Possible New Program</p>

# MHSA Idea Bank for February 26, 2016

Adults (Ages 18 - 59)			
	Ideas	Current or Related Program (Y/N)	Expansion or New Program
Innovation	<p><b>Idea #2 - Our Community Outreach and Engagement (OCOE) Program</b>  <b>Sub-Population:</b> Homeless  <b>Primary Purpose:</b> Increase access to mental health services to underserved groups  <b>Contribution to Learning:</b> Make a change to an existing mental health practice/approach including an adaptation for a new setting or community  <b>Results:</b> Behavioral health community capacity building program for neighborhoods impacted by high rates of homelessness related to SMI; improve safety of homeless with SMI and community residents  <b>Activities:</b> Provide training and staff support for neighborhood associations and Municipal Advisory Councils to develop strategic outreach and engagement action plan; partner with existing engagement teams; increase access and community support for homelessness/SMI population</p>	<p><input checked="" type="checkbox"/> Yes    <input type="checkbox"/> No</p> <p>*CSS - SHOP            *PEI- Community Capacity Building Initiative            *WET community trainings through PEI funds: Mental Health First Aid, ASIST, QPR, SafeTalk, Effective Self Help Group facilitation</p>	<p><input type="checkbox"/> Possible Expansion</p> <p><input checked="" type="checkbox"/> Possible New Program</p>
	<p><b>Idea #3 – Adult Community Living Project</b>  <b>Sub-Population:</b> Individuals with SMI in adult community housing (Board and Cares, Room and Boards, Sober Living environments)  <b>Primary purpose:</b> Increase quality of mental health services, including measurable outcomes  <b>Contribution to learning:</b> Make a change to an existing mental health practice/approach including an adaptation for a new setting or community  <b>Activities:</b> Develop mental health team of professionals and peers to support individuals; promote positive movement through housing continuum; provide support, training, and education to adult community living environments</p>	<p><input type="checkbox"/> Yes    <input checked="" type="checkbox"/> No</p>	<p><input type="checkbox"/> Possible Expansion</p> <p><input checked="" type="checkbox"/> Possible New Program</p>



# MHSA Idea Bank for February 26, 2016

Adults (Ages 18 - 59)			
	Ideas	Current or Related Program (Y/N)	Expansion or New Program
<b>Community Services &amp; Supports, Prevention &amp; Early Intervention, or Workforce Education &amp; Training</b>	<p><b>Idea #1 – Improving Results through Wisdom Dialogues</b>  <b>Sub-Population:</b> CBOs providing mental health services in Stanislaus County  <b>Results:</b> Help resolve one or more systemic adaptive dilemmas through multi-stakeholder Wisdom Dialogue process/Build on lessons learned from WTI Innovation project involving four CBOs  <b>Strategy/Purpose:</b> Address adaptive dilemma (s) through stakeholder Wisdom Dialogues, help selected BHRS and community leaders learn how to design/facilitate, develop/report data to support multi-stakeholder Wisdom Dialogues  <b>Activities:</b> Design and facilitate Wisdom Dialogues to include small group sessions/1:1 coaching for participants, provide facilitator, and data specialist trainings</p>	<p><input checked="" type="checkbox"/> Yes    <input type="checkbox"/> No</p> <p>*Former Innovation project/ends June 2016</p>	<p><input type="checkbox"/> Possible Expansion</p> <p><input checked="" type="checkbox"/> Possible New Program</p>

## MHSA Idea Bank for February 26, 2016

Older Adults (Ages 60 & Older)			
	Ideas	Current or Related Program (Y/N)	Expansion or New Program
Prevention & Early Intervention	<p><b>Idea # 1 - Aging &amp; Veterans Services</b></p> <p><b>Sub-Population:</b> Isolated &amp;/or homebound older adult, high-risk older adults with co-occurring diagnosis and/ or chronic health conditions (Depression/anxiety) Home delivered meals clients, homemaker /home health &amp; Adult Protective Services (APS) referrals: APS, Existing PEI program – Brief Intervention Counseling (BIC), Peer 2 Peer counseling</p> <p><b>Results:</b></p> <ul style="list-style-type: none"> <li>• Increased collaboration &amp; navigation /system improvement; Stigma reduction: Increased feeling of support, of being part of a community, reducing feelings of isolation</li> <li>• Decrease in hospitalizations/re-admissions</li> <li>• Reduction of stigma regarding depression/mental health issues and utilizing mental health services</li> <li>• Increased cross referral between mental health, primary care physicians, and community based programs</li> </ul> <p><b>Activities:</b> Home visit(s) from social worker and nursing students known as “Navigators or Care Coordinators”, phone support from qualified staff/peer volunteers. Coordination with community resource agencies and healthcare providers.</p> <p><b>Other details:</b> On-going phone support with intermittent case management as needed.</p>	<p><input checked="" type="checkbox"/> Yes    <input type="checkbox"/> No</p> <p>*CSS - High Risk Health and Senior Access *PEI- Older Adult Resiliency and Social Connectedness</p>	<p><input checked="" type="checkbox"/> Possible Expansion</p> <p><input checked="" type="checkbox"/> Possible New Program</p>