

California Mental Health Services Act (CalMHSA) Regional K-12 Student Mental Health Services Initiative

Initiative Goals & Strategies

- 1) **Cross System Collaboration:** Facilitate policy and protocol changes across systems, that support effective use of resources communication and information sharing, cross collaboration and coordination of support services, for the prevention and early identification of mental health issues among students. *Target population includes schools and a wide range of community partners.*
 - a) Identify or establish a cross-system leadership consortium in each county
 - b) Establish/report baseline data by surveying each county on the percentage of leaders who report expanded cross-system collaboration
 - c) Administer cross-system collaboration surveys and report the percentage of leaders who report:
 - i) updating a county-level plan and related policies and protocols,
 - ii) and decreases to resource or structural barriers to accessing prevention and early intervention student mental health services
- 2) **Demonstration Programs:** Identify and share elements of a continuum of school-based prevention services that link systems and provide age-appropriate and culturally relevant strategies to support student mental health. *Target school-based program development in K-8.*
 - a) The state will work with regions to conduct a literature review and identify resources to be added to an online statewide clearinghouse of resources to share elements of a continuum of mental health prevention services for schools
 - b) Conduct a local and regional assessment to identify target needs and detrimental behaviors at the K-8 level for focus in a school-based demonstration program
 - c) Develop and implement a regional school-based demonstration program that provides for a pyramid of evidence-based prevention programs for student mental health services
- 3) **Education and Training:** Build the infrastructure, capacity and resources in each region to conduct education and training of school and district personnel, parents/caregivers, and community partners as appropriate, focused on prevention of student mental health issues in kindergarten through grade eight.
- 4) **Technical Assistance:** Build the infrastructure, capacity and resources in each region to provide assistance for elementary (K-8) school-based student mental health program development and implementation that is culturally relevant, age appropriate, and data-driven.

Shared strategies for Goals 3 and 4 serve to target COE and District staff to build capacity

- a) Identify or establish a sustainable infrastructure of individuals within the region/county with the skill and expertise to build capacity of county offices and districts for (3) the education and training of K-8 school personnel and (4) providing technical assistance in program development and implementation at schools.
 - i) Outcomes include 100% of all districts with access to this “infrastructure of individuals” and a 10% increase in access to student mental health services

Funding and Timeline

The total statewide contract is for approximately \$14.8 million in Prop 63 MHSA funding, awarded to the California County Superintendents Education Services Association (CCSESA). This funding was split among the CCSESA region, with Region 6 receiving \$792,000. The Stanislaus County Office of Education will serve as the project lead for Region 6, which also includes San Joaquin, Tuolumne, Calaveras and Amador Counties. The contract term began August 1, 2011 and will end June 30, 2014. Some of the key dates for start-up deliverables within the timeline include:

- November 1, 2011** Develop a regional plan for implementation of demonstration projects and coordination of capacity building efforts
- December 31, 2011** Identify or establish a cross system leadership consortium in each county
- June 30, 2012** Identify the targeted needs at the K-8 level for focus of demonstration programs
Identify or establish a sustainable infrastructure of individuals to build capacity, to include a two-year training plan (through the end of the contract term)

Regional Lead Role

SCOE was selected by the Region 6 County Superintendents to serve as the lead for the project. In fulfilling this role, the Prevention Programs Department will:

- Provide technical assistance and leadership in the development of a new or expansion of an existing cross-system leadership consortium in each county
- Facilitate the assessment and planning processes for project development, implementation and evaluation
- Lead the process in designing and implementing a regional demonstration program
- Contract and coordinate regional training-of-trainers to build the capacity of COE and district personnel to provide training and technical assistance to other school personnel to address the mental health services needs of students
- Coordinate with other prevention and early intervention programs in the state, attend quarterly meetings of the K-12 Student Mental Health Policy Workgroup and submit annual financial reports and narrative based on work completed

Statewide Projects Roles

CCSESA defined three statewide projects to be awarded through a competitive bid process to a County Office for implementation:

- Coordinate and monitor regional projects, and facilitate activities under CCSESA's agreement with CalMHSA
- Create and administer a web-based application for collecting evaluation and assessment data from the regional leads
- Create and host an online statewide clearinghouse for resources and information pertinent to the regional initiative

For more information contact:

Vicki Bauman, Prevention Programs Director II – vbauman@stancoe.org or 238-1361
Ken Fitzgerald, Regional Health & Safety Coordinator – kfitzgerald@stancoe.org or 238-1381