

MHSA Idea Bank

Children/ Youth (Ages 0-5 /6-17)			
	Ideas	Current or Related Program (Y/N)	Expansion or New Program
Community Services & Supports	<p>Idea #1: Sub-Population: Parents & Caregivers Results: Decreased stigma, Increased self-care. Increased access to community resources; decreased need in extensive and expensive services Strategy: GSD for SMI Activities: Peer support; Behavioral health services navigation; events for outreach</p>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * Families Together (GSD)	<input checked="" type="checkbox"/> Possible Expansion <input type="checkbox"/> Possible New Program
	<p>Idea #2: Sub-Population results – FSP for Children Results: decrease psychiatric hospitalizations, decrease out of home placement, decrease medical hospitalizations, decrease incarcerations, decrease homelessness. Strategy: FSP for SMI Activities: Outreach and engagement, case management, initial and ongoing assessment, psychiatric services, family support and education, community support, trauma focus, 24 hour crisis prevention and support.</p>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Possible Expansion <input checked="" type="checkbox"/> Possible New Program
Prevention & Early Intervention	<p>Idea #1: Sub-population: All school personnel Results: Universal/ Selective/ Early Intervention - Reduce negative outcomes, increase protective factors; increase knowledge about mental health Strategy/Strategies: Reduce disciplinary problems, referrals; improve school success Activities: Mental Health First Aid</p>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * BHRS/SCOE - Capacity Building & Training	<input checked="" type="checkbox"/> Possible Expansion <input type="checkbox"/> Possible New Program

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Children/ Youth (Ages 0-5 /6-17)			
	Ideas	Current or Related Program (Y/N)	Expansion or New Program
Prevention & Early Intervention	<p>Idea #2: Sub-Population: High risk high school youth, age 12-18 Results: Selective - strengthen protective factors, Indicated - Increase referrals and screenings, Early Intervention - improve mental and emotional functioning Strategy/strategies: Outreach and engagement; peer or group interventions Activities: Resiliency, strength based education; Training on self-inflicted/suicide prevention; Reducing stigma; Referrals & Identification</p>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * WE&T/Training * PEI/NAMI-IOOV * PEI/Child, Youth Resiliency and Development- Leadership Program	<input checked="" type="checkbox"/> Possible Expansion <input type="checkbox"/> Possible New Program
	<p>Idea #3: (Focus on 0-5 age group) Sub-Population: Therapeutic Pre-School - Adverse childhood experiences, developmental delay Results: GSD Results Strategy: GSD Activities: Identification of At-Risk, Early Intervention, Treatment, Training for Day Cares & parents</p>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * PEI/CLaSS-SVCFS (Ages 6 & up)	<input checked="" type="checkbox"/> Possible Expansion <input checked="" type="checkbox"/> Possible New Program
Innovation	<p>Idea #1: Sub-Population: High school youth Results: Increased quality of MH services Strategy: Introduce a mental health practice or approach that is new to the overall MH system Mental health adaptive dilemma: Tier 1 - Improving the well-being of children, TAY, and TAYA. Tier 2 - Connecting people receiving services to community based supports Activities: Peer to peer mentoring with mental health focus for high school age youth</p>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * Innovation/Youth Peer Navigators	<input checked="" type="checkbox"/> Possible New Program RFP Application Process

MHSA Idea Bank

TAY (Ages 18 - 25)			
	Ideas	Current or Related Program (Y/N)	Expansion or New Program
Community Services & Supports	<p><u>Idea #1:</u> Sub-Population: Support People/Family Members with SMI Results: Increased sense of purpose & belonging Strategy: GSD & O&E Activities: Engagement with programs across all programs, counseling, training and education Other details: promote network of support in community.</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * Josie's Place</p>	<p><input checked="" type="checkbox"/> Possible Expansion – O&E <input type="checkbox"/> Possible New Program</p>
	<p><u>Idea #2:</u> Sub-population: Substance Abuse and SMI Results: increase in sober living, recovery in substance abuse, decrease in substance use in population Strategy: FSP Activities: Engagement, referrals from linkages, pw-sobriety-groups/events/speakers bureaus; reconnections to family; graduations/termination of drug related commitments. Other details: awareness of - environmental factors; homelessness; other abuse.</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * Innovation/FSP Co-occurring Disorders Project * SHOP Josie's TRAC</p>	<p><input checked="" type="checkbox"/> Possible Expansion <input checked="" type="checkbox"/> Possible New Program – FSP for TAY</p>
	<p><u>Idea #3:</u> Sub-population: Sexually exploited population Results: Decrease amount of youth being sexually exploited, Decrease stigma, Increase access to community resources, Increase resilience of self-care. Strategy: FSP Activities: Call victim services, warm support to seek M.H. systems, navigate; trauma focus and linkage to safe havens Other details: Connection to PCP</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * BHRS Clinician at Family Justice Center * Juvenile Justice * Josie's TRAC * Trainings * Countywide effort-BHRS staff participating in HEART Task Force, CSEC Group- Child welfare policies/procedures for first responders</p>	<p><input type="checkbox"/> Possible Expansion <input type="checkbox"/> Possible New Program (Sub-Population needs to be SMI. Idea could be incorporated into FSP for TAY)</p>

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TAY (Ages 18 - 25)

	Ideas	Current or Related Program (Y/N)	Expansion or New Program
Community Services & Supports OR Prevention & Early Intervention	<p>Idea #1: Sub-Population: Couch-surfing foster/TAYA youth who do not meet criteria until they are actually "homeless" Results: Early Intervention - decrease homelessness, increase MH/emotional health & wellness Strategy/Strategies: O&E, community support, brief counseling, housing & shelter Activities: counseling & housing, peer support</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * Josie's Place (GSD)</p>	<p><input checked="" type="checkbox"/> Possible Expansion – O&E <input checked="" type="checkbox"/> Possible New Program (Could be either CSS or PEI program)</p>
	<p>Idea #2: Sub-Population: LGBTQ/Transgender Results: Early Intervention - Support & Education in media & PR Strategy/Strategies: Education/Peer support/ referrals/ linkages Activities: Events; School/program outreach/ peer groups & committees; individual outreach Other details: Awareness of 1) suicide, 2) homelessness, 3) criminal histories</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * Josie's Place (GSD)</p>	<p><input checked="" type="checkbox"/> Possible Expansion– O&E <input checked="" type="checkbox"/> Possible New Program (Could be either CSS or PEI program)</p>

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TAY (Ages 18 - 25)

	Ideas	Current or Related Program (Y/N)	Possible New Program
Innovation	<p><u>Idea #1:</u> Sub-population: Young Latino males with hx and with juvenile justice system in impoverished areas Results: 1) Increased interagency and community collaboration for MH services or supports, 2) Increased access to underserved populations Strategy: Applies to the MH system a promising community-driven practice or approach that has been successful in non-mental health contexts or setting Mental Health Adaptive Dilemma: Tier 1 - Improving parental competency and social support for fathers, Improving the well-being of children, TAY and TAYA. Tier 2 - Connecting and linking underserved and diverse communities with resources Activities: Events, developing mentoring programs & encouraging leadership/ role models, inviting in folks from the impoverished areas to be mentors Other details: Awareness of - environmental factors and education challenges</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>* Juvenile Justice * PEI/Youth Leadership program</p>	<p><input checked="" type="checkbox"/> Possible New Program</p> <p>RFP Application Process</p>
	<p><u>Idea # 2: Stigma Reduction</u> Sub-population: SMI</p>	<p><input type="checkbox"/> Yes <input checked="" type="checkbox"/> No</p>	<p><input checked="" type="checkbox"/> Possible New Program</p> <p>RFP Application Process</p>

MHSA Idea Bank

Adult (Ages 18 - 59)			
	Ideas	Current or Related Program (Y/N)	Expansion or New Program
Community Services & Supports	<p><u>Idea #1:</u> Sub-Population: Homeless Results: Reduce Homelessness, Reduce Stigma Strategy: FSP Activities: Housing first model; Response Team; AA/NA ; Trainings (Education, vocational); Drop-In Center (Shower-basic needs services); Peer Support</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>* SHOP Josie's TRAC * Housing Services</p>	<p><input checked="" type="checkbox"/> Possible Expansion – O&E</p> <p><input type="checkbox"/> Possible New Program</p>
	<p><u>Idea #2:</u> Sub-Population: Consumer seeking higher education & employment Results: Reduce Stigma, Increased access to resources. Strategy: GSD Activities: Mentoring program, vocational training, peer support</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>* Consumer Empowerment Center (GSD) * WE&T/CASRA program</p>	<p><input checked="" type="checkbox"/> Possible Expansion</p> <p><input checked="" type="checkbox"/> Possible New Program</p>
Prevention & Early Intervention	<p><u>Idea #1:</u> Sub-Population: Underserved Latino Results: Indicated Activities: Volunteers</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>*PEI - CCBI</p>	<p><input checked="" type="checkbox"/> Possible Expansion</p> <p><input checked="" type="checkbox"/> Possible New Program</p>

MHSA Idea Bank

Older Adult (Ages 60 & Older)			
	Ideas	Current or Related Program (Y/N)	Expansion or New Program
Community Services & Supports	<p>Idea #1: Sub-Population: Isolated &/or homebound older adults with SMI Results: Decrease in suicide rates; decrease in hospitalization; Early identification of Dementia or Alzheimer's Strategy: O&E - Differential response model, transportation Activities: Home visits from qualified staff, medical assessments, peer support, volunteers, APS, Collaborate with hospital Other details: Reducing isolation, identify the amount of individuals that may require programs. Census of population, age & geographical area of residence.</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * High Risk Health & Senior Access</p>	<p><input checked="" type="checkbox"/> Possible Expansion – O&E <input type="checkbox"/> Possible New Program</p>
Prevention & Early Intervention	<p>Idea # 1: Sub-Population: N/A Sub-Population: Decrease in Suicide Strategy: GSD Activities: Peer support; census to find older adult population</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No * PEI Projects</p>	<p><input checked="" type="checkbox"/> Possible Expansion <input type="checkbox"/> Possible New Program</p>
Innovation	<p>Idea #1: Stigma Reduction</p>	<p><input type="checkbox"/> Yes <input checked="" type="checkbox"/> No</p>	<p><input checked="" type="checkbox"/> Possible New Program RFP Application Process</p>