

**Stanislaus County BHRS Community Services and Supports (CSS) Programs  
Fiscal Year 2013-2014**

➤ **Westside Stanislaus Homeless Outreach Program (SHOP) – FSP-01**

Stanislaus Homeless Outreach Program (SHOP) provides services to transitional aged young adults (TAYA), adults, and older adults who have co-occurring issues of mental health and substance abuse. They're also uninsured or underinsured and involved with other agencies. The goals are to reduce the risk for emergency room use, contact with law enforcement, homelessness, and psychiatric hospitalization.

SHOP offers 3 levels of care: 1) Full Service Partnership (FSP) 2) Intensive Support Services and 3) Wellness/Recovery. This approach allows individuals to enter the program at an appropriate level of service for their needs and then move to a lesser or greater level of care as needed.

The FSP level of care has 4 TRACs: 1) Westside SHOP, 2) Partnership Telecare Recovery Access Center (Partnership TRAC), 3) Josie's Telecare Recovery Access Center (Josie's TRAC) and 4) Modesto Recovery Services TRAC (MRS TRAC). Full service partnership strategies include integrated, intensive community services and supports with 24/7 availability with a known service provider. SHOP utilizes a "housing first" approach with recovery and a client-and family-centered focus that inspires hope. The program includes 3 TRACs funded by General System Development (GSD) dollars that also provide intensive support services.

**Results:** Decreased incarcerations, decreased psychiatric hospitalizations, decreased medical hospitalizations, decreased homelessness, increased employment

**Strategy:** FSP

**Target Populations:** Adult, Older Adult, TAYA

➤ **Juvenile Justice – FSP-02**

This full service partnership is a collaborative partnership with Stanislaus County Probation Department offering treatment and supportive services for high-risk youth (primarily ages 13-19) with serious emotional disturbance, on formal or informal probation, and their families. Aggression Replacement model is employed to address aggression, immaturity, withdrawal, and other at-risk behaviors.

**Results:** Decreased incarcerations, decreased psychiatric hospitalizations, decreased medical hospitalizations, decreased homelessness, increased employment

**Strategy:** FSP

**Targeted Population:** Children/Youth, TAYA

➤ **Integrated Forensic Team – FSP-05**

This full service partnership works in partnership with a number of agencies within the criminal justice system in Stanislaus County to offer services and supports to adults, older adults, and transitional age young adults with serious mental illness. This includes individuals with co-occurring substance abuse disorder that are homeless or at risk for homelessness and/or who have historically been high users of crisis-based services including hospital, mobile crisis, emergency rooms, probation and incarceration.

**Results:** Decreased incarcerations, decreased psychiatric hospitalizations, decreased medical hospitalizations, decreased homelessness, increased employment

**Strategy:** FSP

**Target Populations:** Adult, Older Adult, TAYA

➤ **High Risk Health and Senior Access – FSP-06**

A consolidated FSP program of Health Mental Health and Senior Access and Resource Team designed to serve the same target populations and utilize FSP strategies with a key addition of graduated levels of care to be added in the consolidated program effective FY10-11. The program will serve adults and TAYA (18 - 59 years) and older adults (60+ years) with significant, ongoing, possibly chronic, health conditions (i.e., Diabetes Mellitus, Hypertension) co-occurring with Serious Mental Illness (SMI) as well as functional impairments related to aging. The sub-group of

transition-aged adults (55-59 years) with SMI, co-occurring substance abuse disorders and/or other physical health conditions is included in the target population. Outreach and services to diverse ethnic and cultural populations and individuals who are homeless or at risk of homelessness, at risk of institutionalization, hospitalization, nursing home care or frequent users of emergency rooms for health care are prioritized.

**Results:** Decreased incarcerations, decreased psychiatric hospitalizations, decreased medical hospitalizations, decreased homelessness, increased employment

**Strategy:** FSP

**Target Populations:** Adult, Older Adult, TAYA

➤ **Turning Point ISA – FSP-07**

The Integrated Services Agency (ISA) works closely with individuals on conservatorship and person with high hospitalization rates to help them successfully reintegrate back into the community. The program provides intensive case management to adults with serious psychiatric disabilities who are Medi-Cal eligible.

**Results:** Decreased incarcerations, decreased psychiatric hospitalizations, decreased medical hospitalizations, decreased homelessness

**Strategy:** FSP

**Target Population:** TAYA, Adults, Older Adults

➤ **Josie's Place Drop-in Center – GSD-01**

A membership-driven "clubhouse" with recovery-oriented services and supports for diverse transition aged young adults in a non-stigmatizing environment. Two service teams are located in the center: Josie's Place Intensive Services and Supports (ISS) and a Full Service Partnership (FSP) called Josie's TRAC. A Young Adults Advisory Counsel (YAAC), a consumer based counsel, collaborates in creating youth consumer driven services on site. TAY-aged peer support staff members with lived experience are members of the center's support team.

**Results:** Decreased stigma, increased self-care, increased access to community resources, decreased need for extensive and expensive services

**Strategy:** GSD

**Target Populations:** TAYA, Youth

➤ **Community Emergency Response Team (CERT) & Warm Line – GSD-02**

The BHRS operated CERT program combines consumers with a team of licensed clinical staff to provide interventions in crisis situations. The Warm Line administered through Turning Point Community Programs is a telephone assistance program that provides non-crisis peer support, referrals, and follow-up contacts.

**Results:** Decreased stigma, increased self-care, increased access to community resources, decreased need for extensive and expensive services

**Strategy:** GSD

**Target Populations:** Children/Youth, TAYA, Adults, Older Adults

➤ **Families Together – GSD-04**

Offers a family-oriented center with support groups for youth, men, and parents/caregivers in the Family Partnership Center. The program has significantly improved supports and services for diverse youth with serious emotional disturbance (SED) and their families, and kin care providers (family other than biological or adoptive parents). Services to families include one-to-one peer support; service coordination; advocacy; respite for youth, adults, and families; transportation; and wraparound-style services.

**Results:** Decreased stigma, increased self-care, increased access to community resources, decreased need for extensive and expensive services

**Strategy:** GSD

**Target Populations:** Children/Youth, TAYA, Adults, Older Adults

➤ **Consumer Empowerment Center – GSD-05**

This program provides behavioral health consumers and family members a safe and friendly environment where an individual can flourish emotionally while developing skills. It is a culturally diverse center where individuals can gain peer support and recovery-minded input from peers to reduce isolation, increase the ability to develop independence and create linkages to services related to treatment of serious mental illness and co-occurring substance abuse. 100% staffed by behavioral health consumers and family members, it is a safe place where transitional age young adults, adults and older adults can work toward independence and get support for coping with mental health issues. A culinary training program called The 'Garden of Eat'n' provides consumers and family members an opportunity to learn skills such as food preparation, sanitization, catering, and safe food practices with the goal of gainful employment after completing their training.

**Results:** Decreased stigma, increased self-care, increased access to community resources, decreased need for extensive and expensive services

**Strategy:** GSD

**Target Populations:** TAYA, Adults, Older Adults

➤ **Supportive Housing Services– O&E-02**

BHRS provides an array of support services to individuals living independently. Supportive housing provides a successful, cost-effective combination of affordable housing with services that help people live more stable, productive lives. It works well for people who face the most complex challenges- individuals and families with low incomes and serious, persistent issues that include mental illness, substance use, and other disable conditions. They may also be homeless or at risk of homelessness.

Supportive Housing Services includes Garden Gate Respite Center (GGRC), a 5-bed respite home open 24 hours a day, 7 days a week. It is located in a residential neighborhood that maintains "good neighbor" relationships in the community and with immediate neighbors. The respite center is co-located with a 13 apartment and 1 house transitional supportive housing that together offer three levels of temporary housing (3 to 5 day respite housing; 5 to 20 day extended respite housing; and 6 months to 2 years of temporary supportive housing). Staff of the center represents diverse cultures and most have lived experience as consumers or family members of consumers of mental health services.

**Results:** Diverse and underserved communities are reached

**Strategy:** O&E

**Target Populations:** TAYA, Adults, Older Adults