



Stanislaus County

Mental Health Services Act

Community Services and Supports

**Additional Planning Estimate Funds Request
For Fiscal Year 2008/09**

October 2008

INTRODUCTION AND OVERVIEW

On January 24, 2006, Stanislaus County Behavioral Health and Recovery Services (BHRS) received approval of its Three Year Plan for MHPA Community Services and Supports (CSS) from California Department of Mental Health (DMH). The approval began disbursement of the \$4.3 million dollar annual planning estimate for the three fiscal years, 2005/06 through 2007/08. (A copy of the Three Year Plan for MHPA Community Services and Supports in Stanislaus County may be found at: www.stanislausmhp.com)

Immediately following DMH approval of the Three Year Plan for MHPA Community Services and Supports, implementation of eleven new or expanded CSS programs began immediately and proceeded successfully. Quarterly CSS service data was submitted on the "Exhibit 6: Three-Year Plan Quarterly Progress Goals and Report" and Implementation Progress Reports for calendar years 2006 and 2007 were submitted according to established procedures and timeframes. (Copies of both BHRS Progress Reports may be found at: www.stanislausmhp.com)

Subsequently, BHRS received \$1.5 million in MHPA-CSS Growth Funding in August 2007, and approximately \$3.4 million in one-time MHPA-CSS Augmentation Funding in December 2007. The Department of Mental Health approved the CSS Plan Update for FY 2008/09 on August 14, 2008.

Higher than expected tax revenues continue to be generated by MHPA, increasing Community Services and Supports funding for counties. On July 23, 2008, DMH Information Notice 08-19 announced availability of an additional \$96.1 million in CSS funding statewide. Stanislaus County herein requests modification of its existing MHPA Agreement and approval for use of Additional Planning Estimate Funds for FY 2008/09 in accordance with DMH Information Notices 08-10 dated April 4, 2008, 08-16 dated July 1, 2008, and 08-19 dated July 23, 2008.

The County's request is in the total amount of \$1,189,700 to continue outreach and enhance services and supports in accord with recommendations made through the local stakeholder planning process. The majority of the funding is directed to Full Service Partnerships (FSPs). In order to increase local flexibility, the County additionally requests approval to establish a local operating reserve equal to 10 percent of the most recent annual approved amount for CSS services.

To request Additional CSS Planning Estimate Funds, specific budget exhibits and other documentation is required. The following information is included to meet DMH requirements to receive the Additional CSS Planning Estimate Funds for Fiscal Year 2008/09:

- ❖ Exhibit 1 - County Certification signed by Mental Health Director certifying compliance with non-supplant requirements.

- ❖ Exhibit 2 – Summary Workplan Listing showing funding requested for each existing CSS Workplan
- ❖ Exhibit 3R – MHSA CSS Funding Request for FY 2008/09
- ❖ Exhibit 4 – MHSA CSS Local Prudent Reserve Plan for FY 2008/09
- ❖ Exhibit 5a - Administration Budget Worksheet showing estimated revenue and expenditures
- ❖ Exhibit 5b - Budget Worksheet for each Workplan already approved (listed in Exhibit 2).
- ❖ A brief description of how the requirements of the Community Program Planning Process were met.
- ❖ Documentation of the local 30-day public review and comment process.

The following tables summarize proposed expansions that will strengthen Services and Supports funded by Stanislaus County's MHSA CSS.

Previously Approved FY 08/09 CSS Budget:	\$7,313,200
Additional Planning Estimate for FY 08/09:	<u>1,189,700</u>
Total FY 08/09 Program Request:	\$8,502,900

FULL SERVICE PARTNERSHIP EXPANSION

CSS Workplan # and Funding Type	Ages Served	Description of Expansion/Increase and Numbers Served	Amount of Increase	Proposed Effective Date	Need for Strengthening Addressed
FSP-01 Westside Stanislaus Homeless Outreach Program (SHOP)	TAYA, Adult, Older Adult	Continue funding for outreach to individuals who are homeless or at risk of homelessness, and increase services to Transition Age Youth, ages 16 to 25, through the addition of 8 new slots.	\$201,404	1/1/2009	Service to high use, at-risk individuals
FSP-05 Integrated Forensic Team	TAYA, Adult, Older Adult	Expand existing outreach and support services to adults and transition age young adults with serious mental illness and co-	\$154,000	1/1/2009	Service to high use, at-risk individuals Peer & Family

		occurring substance disorder who are involved in the criminal justice system.			Support
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Program Changes/Methods of Service Delivery:

BHRS is committed to sustaining expanded levels of services/supports to address the needs of individuals who are homeless or at risk of homelessness. FSP-01 (Westside Stanislaus Homeless Outreach Program) was originally funded in 2006 and received Growth and CSS Augmentation funding in 2007. Augmentation funds were used to fill the enormous gap created when AB-2034 funding stopped in mid-year. Since CSS Augmentation Funds were allocated on a one-time only basis, the opportunity to obtain Additional Planning Estimate Funds provides a valuable mechanism with which to continue street outreach services using supportive engagement methods to work with consumers who are homeless or at risk of homelessness during fiscal year 2008/09. Should future allocations of MHSA funds be insufficient to support this expansion, alternative funding would need to be identified as resources allow. The reality of this circumstance creates ongoing challenges concerning sustainability of expanded CSS services.

One of the original target population groups for FSP-01 was Transition Age Youth. The addition of 8 new slots allows enhancement of services to this specific age group. Staff members, in collaboration with Josie's Place Transition Age Youth Drop-In Center (a CSS GSD level program), provide outreach and "whatever it takes approach" services to ethnically and racially diverse young adults, 16 to 25 years of age.

Expansion of FSP-05, Integrated Forensics Team (IFT), will permit continuation of the linkages described in our original Three Year CSS Plan between the integrated, multidisciplinary, Full Service Partnership team and various parts of the local criminal justice system (law enforcement, Probation, jail, drug court). Funding constraints in FY 07/08 necessitated reductions in jail outreach services in this Full Service Partnership team. Additional Planning Estimate Funds permit reestablishment of these partnerships to promote recovery and harm reduction to help individuals with serious mental illness and co-occurring substance abuse disorder benefit from opportunities provided by drug court and Mental Health Court.

GENERAL SYSTEM DEVELOPMENT EXPANSION

CSS Work Plan # and Funding Type	Ages Served	Description of Expansion/Increase and Numbers Served	Amount of Increase	Proposed Effective Date	Need for Strengthening Addressed
GSD-01 Josie's Place Transitional Age Youth Drop-In Center	TAYA	Contract with local community-based organization to provide support and resources for the Young Adult Advisory Council.	\$24,856	1/1/2009	Peer & Family Support Community Capacity

Program Changes/Methods of Service Delivery:

One of the original goals of GSD-01, Josie's Place Transitional Age Youth Drop-In Center, was to establish a client-driven Young Adult Advisory Council giving 16 to 25-year old consumers a voice in decision-making and operation of their Center. This goal was successfully accomplished within the first year of program operations. Drop-In Center members recommended policies and rules and provided guidance for social activities, types of groups needed, hours of operation, etc. As with many volunteer efforts, however, personal circumstances, other interests, and (sometimes) lack of motivation, caused turnover and discouragement among leaders of the Young Adult Advisory Council. The Council lost its effectiveness and ultimately ceased operation. Additional Planning Estimate Funds will be used to contract with a local community-based organization, experienced in youth leadership development, to reorganize, re-energize, oversee and promote a new Young Adult Advisory Council, thus successfully providing a voice for TAY consumers.

ESTABLISHMENT OF OPERATING RESERVE

CSS Work Plan # and Funding Type	Ages Served	Description of Expansion/Increase and Numbers Served	Amount of Increase	Proposed Effective Date	Need for Strengthening Addressed
Operating Reserve	N/A	Consistent with DMH Information Notice 07-25, dated December 12, 2007, an amount equal to 10% of the FY 08/09 CSS Planning Estimate before Administrative Costs, will be placed in reserve for unanticipated MHSA costs.	\$809,440	1/1/2009	Peer & Family Support Community Capacity Service to high use, at-risk individuals

HOW COMMUNITY PROGRAM PLANNING PROCESS REQUIREMENTS WERE MET

Expansions of programs/services described in this funding request are based on input gathered during two stakeholder processes, in 2005 and 2007, as well as ongoing input from stakeholders during first year implementation in 2006. During each Community Program Planning Process, Stanislaus County BHRS conducted an open stakeholder process with the support and partnership of the Stanislaus County Mental Health Board. Key stakeholder groups participated including consumers of various ages, family members, representatives from diverse ethnic and racial groups, law enforcement, Courts, District Attorney, schools, health care, faith-based community groups, Disability Resource Agency for Independent Living (DRAIL), labor organizations, BHRS staff, and

BHRS contract organizations. These community program planning processes resulted in submission and subsequent approval, without conditions, of the following Community Services and Supports expenditure plans:

October 2005 - Three-Year Program and Expenditure Plan

August 2007 - Growth Funding and Program Expansion Funding Request

December 2007 – Additional One-Time Funding Augmentation To Expand Local Mental Health Services

July 2008 – CSS Plan Update for FY 2008/09

Initial community program planning for the Three-Year CSS Plan identified a great many areas of need as well as unserved populations with unmet needs. Our Plan established a starting place for addressing these needs that included establishment of eleven new or expanded programs/services: 5 Full Service Partnerships, 4 General System Development and 2 Outreach & Engagement. Needs identified in all age groups were addressed by one of the eleven programs/services. Stakeholders involved in prioritizing needs agreeing with the priorities established in the Plan expected additional MHSAs funds to become available for expansion of services in coming years. Subsequent planning for use of CSS funds pointed to an overarching theme: the need to continue to address certain disparities in services for all age groups. In particular, the identified unmet need for services and supports in high-risk groups and in diverse cultural, ethnic, and racial groups. Three key elements were identified as gaps to be addressed and for which there is a need for ongoing strengthening in services and supports. These gaps are consistently addressed through emphasis of MHSAs Essential Elements in expanding programs/services with these CSS Additional Planning Estimate Funds. The three key elements are:

1. Community capacity to provide service and support
2. Peer and family support
3. Services to individuals who are high users of crisis-based services and at-risk of hospitalization or incarceration and who tend to fall through the cracks of traditional services.

LOCAL 30-DAY REVIEW PROCESS

A 30-day public review and comment period was conducted from September 8, 2008 through close of business October 7, 2008. The CSS Additional Planning Estimate Funds Request was circulated using the following methods:

- An electronic copy was posted on the County's website: www.stanislausmhsa.com
- Hard copies were sent to Stanislaus County Public Library resource desks
- Electronic notification was sent to all BHRS service sites with a link to www.stanislausmhsa.com, announcing the posting of this funding request
- Representative Stakeholder Steering Committee members were sent notice informing them of the start of the 30-day review period with an electronic link to the proposal on the www.stanislausmhsa.com website

The public was notified by:

- Public notice posted in seven newspapers throughout Stanislaus County including a newspaper serving the Latino community. The notice included reference to www.stanislausmhsa.com and a phone number for requesting a copy of the proposal
- On Tuesday, October 1, 2008, a one-hour public information meeting was held. All BHRS staff and contractor agencies, Mental Health Board members, and representative stakeholders were invited to learn more about the proposal to be submitted and to have their questions answered. A total of nine consumers, staff and contract providers attended the meeting.

For ease of public review and comment, the last page of the funding request was a public comment/feedback form. No public hearing was required or planned.

Two brief yet favorable and supportive comments were received from contract providers upon conclusion of the public information meeting. No other public comment was received.

Stanislaus County Behavioral Health & Recovery Services

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www.stanislausmhsa.com

Mental Health Services Act (MHSA) / Prop. 63

MHSA CSS Additional Planning Estimate Funds Request for FY 2008/09

30-Day Public Comment Form

September 8, 2008 – Close of Business, October 7, 2008

PERSONAL INFORMATION (optional)

Name: _____

Agency/Organization: _____

Phone Number: _____ Email address: _____

Mailing address: _____
Street Number City State, Zip Code

MY ROLE IN THE MENTAL HEALTH COMMUNITY

Client/Consumer

Service Provider

Family Member

Law Enforcement/Criminal Justice

Education

Probation

Social Services

Other (specify) _____

WHAT I SEE AS THE STRENGTHS OF THE PLAN

EXPLANATION OF MY CONCERNS ABOUT THE PLAN

COUNTY CERTIFICATION

I hereby certify that I am the official responsible for the administration of **Community Mental Health Services** in and for **Stanislaus County** and that the following are true and correct:

This Community Services and Supports Additional Planning Estimate Funds Request for Fiscal Year 2008/09 is consistent with the Mental Health Services Act. This Funding Request is consistent with and supportive of the standards set forth in Title 9, California Code of Regulations (CCR) Section 3610 through 3650.

This Funding Request has been developed with the participation of stakeholders, in accordance with CCR Sections 3300, 3310, and 3315. The draft Funding Request was circulated for 30 days to stakeholders for review and comment. All input has been considered, with adjustments made, as appropriate.

Mental Health Services Act funds are and will be used in compliance with CCR Section 3410 of Title 9, Non-Supplant.

All documents in the attached Community Services and Supports Funding Request are true and correct.

Date: 10/10/2008

Signature: _____
Local Mental Health Director

Executed at: Modesto, CA

FY 2008/09 Mental Health Services Act Community Services and Supports Summary Workplan Listing
Revised Planning Estimate (September 2008)

County: STANISLAUS

Date: 10/10/2008

Workplans				Total Funds Requested				Funds Requested by Age Group			
No.	Name	New (N)/ Approved Existing (E)	Full Service Partnerships (FSP)	System Development	Outreach and Engagement	Total Request	Children, Youth, Families	Transition Age Youth	Adult	Older Adult	
1.	FSP01 Stanislaus Homeless Outreach Program	E	\$1,343,809	\$447,936		\$1,791,745	\$0	\$358,349	\$1,254,222	\$179,175	
2.	FSP02 Juvenile Justice FSP	E	\$332,941	\$0		\$332,941	\$166,471	\$166,471	\$0	\$0	
3.	FSP03 Senior Access & Resource Team	E	\$450,460	\$235,299		\$685,759	\$0	\$0	\$68,576	\$617,183	
4.	FSP04 Health/Mental Health Team	E	\$618,401	\$235,299		\$853,700	\$0	\$0	\$725,645	\$128,055	
5.	FSP05 Integrated Forensics Team	E	\$372,451	\$568,347		\$940,798	\$0	\$188,160	\$752,638	\$0	
6.	GSD01 Josie's Place Transitional Age Youth Drop-In Center	E	\$0	\$777,680		\$777,680	\$0	\$777,680	\$0	\$0	
7.	GSD02 Community Emergency Response Team	E	\$0	\$289,574		\$289,574	\$75,289	\$43,436	\$127,413	\$43,436	
8.	GSD04 Families Together	E	\$0	\$151,670		\$151,670	\$136,503	\$15,167	\$0	\$0	
9.	GSD05 Consumer Employment & Empowerment Center	E	\$0	\$307,509		\$307,509	\$0	\$61,502	\$153,755	\$92,253	
10.	OE01 Outreach & Engagement Contractors	E	\$0	\$0	\$943,274	\$943,274	\$377,310	\$188,655	\$235,819	\$141,491	
11.	OE02 Garden Gate Respite Center	E	\$0	\$0	\$210,280	\$210,280	\$0	\$42,056	\$126,168	\$42,056	
12.	Estimated services to FSP consumers provided by GSD/OE programs		\$580,254	-\$270,539	-\$309,715	\$0					
13.						\$0					
14.						\$0					
15.						\$0					
16.						\$0					
17.						\$0					
18.						\$0					
19.						\$0					
20.						\$0					
21.						\$0					
22.						\$0					
23.						\$0					
24.						\$0					
25.						\$0					
26.	Subtotal: Workplans^{a/}			\$3,698,316	\$2,742,775	\$843,839	\$7,284,930	\$755,573	\$1,841,476	\$3,444,236	\$1,243,649
27.	Optional 10% Operating Reserve^{b/}						\$809,440				
28.	CSS Administration^{c/}						\$408,530				
29.	CSS Capital Facilities Projects^{d/}						\$0				
30.	CSS Technological Needs Projects^{d/}						\$0				
31.	CSS Workforce Education and Training^{d/}						\$0				
32.	CSS Prudent Reserve^{e/}						\$0				
33.	Total Funds Requested						\$8,502,900				

a/ Majority of funds must be directed towards FSPs (Title 9, California Code of Regulations Section 3620(c)). Percent of Funds directed towards FSPs= 51%
 b/ Cannot exceed 10% of line 26. Reflects 10% of 08/09 Planning Estimate net of Administrative Costs, consistent with DMH Info Notice 07-25
 c/ Complete Exhibit 5a.
 d/ Complete budget pages from relevant guidelines for each component.
 e/ Complete Exhibit 4.

Exhibit 3R

Mental Health Services Act Community Services and Supports Funding Request for FY 2008/09

Date: 10/10/2008

County: Stanislaus

	Use of Funds	Source of Funds	
Total FY 2008/09 Funds Requested from line 33 of Exhibit 2	\$8,502,900		
		\$0	FY 06/07 CSS Unapproved Planning Estimates
		\$0	FY 07/08 CSS Unapproved Planning Estimates
		\$0	FY 08/09 CSS Planning Estimates*
		\$2,240,055	Unspent CSS Funds (Cash on Hand)
Total	\$8,502,900	\$2,240,055	

* Funds requested for lines 29, 30 and 31 on Exhibit 2 must be funded from the FY 08/09 CSS Planning Estimate.

**Mental Health Services Act (MHSA)
Community Services and Supports (CSS)
FY 2008/09 Local Prudent Reserve Plan**

County: Stanislaus

Date: 10/13/2008

Approved CSS Component Amount	
1. Requested FY 08/09 CSS Services Funding (Exhibit 2, line 26)	\$ 8,094,370
2. Less: Non-Recurring Expenditures (from Exhibit 5a, 5b, and/or 5c)	\$ -
3. CSS Administration (Exhibit 2, line 28)	\$ 408,530
4. Total CSS Plan Component Amount	\$8,502,900
5. Maximum Prudent Reserve (50%)	\$4,251,450
Prudent Reserve	
6. Prudent Reserve Balance from Prior Approvals	\$0
7. Amount Requested to Dedicate to Prudent Reserve through this Plan update	\$ -
8. Prudent Reserve Balance	\$0
9. Prudent Reserve Shortfall to Achieving 50% (Describe below)	\$4,251,450

The Department cannot approve a Plan update that does not achieve a local prudent reserve of 50% unless services would have to be reduced in order to attain the required amount. Please describe below how the County intends to reach the 50% requirement by July 1, 2010 (i.e., future increases in CSS planning estimates will be dedicated to prudent reserve before funding program expansion, other).

Future increases in CSS planning estimates will be dedicated to funding Stanislaus

County's prudent reserve beginning with fiscal year 2010-2011. These funds will be dedicated prior to funding other program expansions.

**FY 2008/09 Mental Health Services Act Community Services and Supports
Administration Budget Worksheet**

County: Stanislaus

Fiscal Year: 2008-09

Date: _____

	Estimated FY 2007/08 Expenditures and Revenues	Estimated FY 2008/09 Expenditures and Revenues
A. Expenditures		
1. Personnel Expenditures		
a. MHSA Coordinator(s)	\$262,415	\$240,076
b. MHSA Support Staff	\$107,344	\$164,218
c. Other Personnel (list below)		
i. Behavioral Health Advocate	\$101,380	\$93,224
ii. Application Specialist		\$14,740
iii. Accountant		\$43,651
iv. Sr. Software Developer/Analyst	\$17,891	\$45,073
v. Stock Delivery Clerk II	\$11,907	\$36,193
vi. Staff Serv Analyst	\$95,416	\$135,688
vii.		
d. Total Salaries	\$596,353	\$772,864
e. Employee Benefits	\$254,749	\$293,689
f. Total Personnel Expenditures	\$851,102	\$1,066,553
2. Operating Expenditures	\$351,587	\$465,318
3. County Allocated Administration		
a. Countywide Administration (A-87)	\$86,916	\$26,700
b. Other Administration (provide description in budget narrative)	\$543,965	\$540,323
c. Total County Allocated Administration	\$630,881	\$567,023
4. Total Proposed County Administration Budget	\$1,833,570	\$2,098,894
B. Revenues		
1. New Revenues		
a. Medi-Cal (FFP only)		
b. Other Revenue	\$180,750	\$1,690,364
2. Total Revenues	\$180,750	\$1,690,364
C. Non-Recurring Expenditures		
D. Total County Administration Funding Requirements	\$1,652,820	\$408,530

Cost Applied Plan

COUNTY CERTIFICATION

I HEREBY CERTIFY under penalty of perjury that I am the official responsible for the administration of Community Mental Health Services in and for said County; that I have not violated any of the provisions of Section 5891 of the Welfare and Institution Code in that all identified funding requirements (in all MHSA program budgets and this administration budget) represent costs related to the expansion of mental health services since passage of the MHSA and do not represent supplanting of expenditures; that fiscal year 2004-05 funds required to be incurred on mental health services will be used in providing such services; and that to the best of my knowledge and belief this administration budget and all related program budgets in all respects are true, correct, and in accordance with the law.

Date: 10/10/2008

Signature _____

Local Mental Health Director or Designee

Executed at Modesto, California

